



Broward
Food and Nutrition Services

Serving Plan Calendar

(3871) WESTGLADES MIDDLE (10/7/2019 to 10/31/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
Oct-7	8	9	10	11
Elementary & Middle Breakfast Cinnamon French Toast Sticks Assorted Cereal Honey Wheat Biscuit Applesauce Cup Orange Juice Greek Strawberry Yogurt Sausage Wrapped Pancake	Elementary & Middle Breakfast Breaded Mini Chicken Fillet Assorted Cereal Honey Wheat Biscuit Chilled Pears Greek Strawberry Yogurt Fresh Red Apple		Elementary & Middle Breakfast Pork Sausage Patty Assorted Cereal Honey Wheat Biscuit Apple Juice Yogurt Parfait w/ Peach Mandarin Oranges Cup	Elementary & Middle Breakfast Mini Maple Pancakes Assorted Cereal Cheese Stick & Pop Tart Honey Wheat Biscuit Chilled Peaches Lemon Blast Raisels
14	15	16	17	18
Elementary & Middle Breakfast Cinnamon French Toast Sticks Assorted Cereal Honey Wheat Biscuit Applesauce Cup Orange Juice Greek Strawberry Yogurt	Elementary & Middle Breakfast Breaded Mini Chicken Fillet Assorted Cereal Large Cinnamon Bun Honey Wheat Biscuit Chilled Pears Greek Strawberry Yogurt Fresh Red Apple	Elementary & Middle Breakfast Chocolate Filled Crescent Assorted Cereal Pretzel Pal Nuggets Strawberry Nutrigrain Bar Chilled Mixed Fruit Greek Strawberry Yogurt Pineapple Tidbits Cup	Elementary & Middle Breakfast Pork Sausage Patty Assorted Cereal Honey Wheat Biscuit Apple Juice Yogurt Parfait w/ Peach Mandarin Oranges Cup	
21	22	23	24	25
Elementary & Middle Breakfast Cinnamon French Toast Sticks Assorted Cereal Honey Wheat Biscuit Applesauce Cup Orange Juice Greek Strawberry Yogurt	Elementary & Middle Breakfast Breaded Mini Chicken Fillet Assorted Cereal Honey Wheat Biscuit Chilled Pears Greek Strawberry Yogurt Fresh Red Apple	Elementary & Middle Breakfast Canadian Bacon, Egg & Cheese on Croissant Assorted Cereal Assorted Mini Loaf Chilled Apricots Chilled Mixed Fruit Greek Strawberry Yogurt	Elementary & Middle Breakfast Pork Sausage Patty Assorted Cereal Honey Wheat Biscuit Apple Juice Greek Strawberry Yogurt Mandarin Oranges Cup	Elementary & Middle Breakfast Cocoa Puffs Bar Assorted Cereal Cheese Stick & Pop Tart Honey Wheat Biscuit Chilled Peaches Lemon Blast Raisels

(3871) WESTGLADES MIDDLE (10/7/2019 to 10/31/2019)

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	Nov-1
Elementary & Middle Breakfast Cinnamon French Toast Sticks Assorted Cereal Honey Wheat Biscuit Applesauce Cup Orange Juice Greek Strawberry Yogurt	Elementary & Middle Breakfast Breaded Mini Chicken Fillet Assorted Cereal Large Cinnamon Bun Honey Wheat Biscuit Chilled Pears Greek Strawberry Yogurt Fresh Red Apple	Elementary & Middle Breakfast Max Cinnamon Pancakes Assorted Cereal Strawberry Nutrigrain Bar Chilled Mixed Fruit Greek Strawberry Yogurt Pineapple Tidbits Cup	Elementary & Middle Breakfast Pork Sausage Patty Assorted Cereal Honey Wheat Biscuit Apple Juice Yogurt Parfait w/ Peach Mandarin Oranges Cup	